

David Wilder, LICSW

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Langley, WA 98260

(360) 341-3562

Consent, Fees and Disclosure

PURPOSE

This document is written to make you aware of some information you may need to make decisions about your counseling, as well as my office policies. This is also required by state law. I provide individual, couple, and family counseling.

CREDENTIALS

“Counselors practicing counseling for a fee must be registered, certified, or licensed with the department of health for the protection of the public health and safety. Registration, certification or licensure of an individual with the department does not include a recognition of any practice standards, nor necessarily implies the effectiveness of any treatment.” The Counselor Credentialing Act (RCW 18.19) is the law regulating counselors. Its purpose is 1) to provide protection for public health and safety; and 2) to empower the citizens of the state of Washington by providing a complaint process against those counselors who would commit acts of unprofessional conduct.

I am licensed by the State of Washington as a Licensed Independent Clinical Social Worker (LICSW) 2001 to present. I have a Master of Social Work degree from the University of Washington 1987. I have been a Child Mental Health Specialist since 1984. I have qualified as a Mental Health Professional since 1989.

National Provider Identifier (NPI): 1366478323

Social Work License: WA State LW 00005030

THERAPEUTIC ORIENTATION:

I work with individuals, and/or their family members to help find solutions to problems that they identify as something they want to change. I use techniques from a variety of theoretical backgrounds; such as Art Therapy, Play Therapy, Cognitive Behavioral Therapy, Motivational Interviewing, Anger Management Skills and common sense. I help people examine their thoughts and beliefs and whether or not they are supporting your life goals, and how they affect their emotions and actions. I work with clients to better understand their relationships with others and ways they can enrich and enhance these. I believe that we do not exist in a vacuum and that it is always best to look at life problems in relation to others (family, friends, co-workers, partners, etc.). In addition, I work with beginning therapists and offer them supervision and guidance.

YOUR RIGHTS

You have the right to:

- 1) Decide whether or not to receive psychotherapy from me. If you wish, I can provide you with names of other qualified professionals.
- 2) Know the course of treatment and my preferred treatment methods. Please ask if you have any questions.
- 3) End therapy at any time without any legal or moral obligation. If you wish to end therapy, please bring it up at a session.
- 4) Review your records, or request in writing that no records be kept except the minimal identification information, or that required by your insurance company.

CONFIDENTIALITY:

All information you disclose is confidential unless you give me written permission to do so. Our work will remain confidential with a few exceptions: (1) where there is reasonable suspicion of abuse of children, elderly, or dependent persons; (2) where you present a serious danger to another person or yourself; or (3) if a court of law subpoenas your records. I can consult with colleagues about my work with utmost mindfulness to protect the privacy and confidentiality of my clients. Please be

